

Cabin crew First Aid training (rotor- and fixed wing)

Conform IATA and EASA Air Ops requirements

The First Aid training for flight crew and pilots meets the requirements of EASA Air Ops for flight crew who have recently joined an airline.

First Aid training can also be delivered at the request of airlines as part of Recurrent Training.

Our course content can be modified on request from the airline operator and we can deliver the courses using our own materials or materials supplied by each operator.

The cabin crew First Aid training course for the commercial rotor- and fixed wing aircraft crew is available in Dutch and English.

Programme:

- Assessing a Casualty
 - *Surveying a casualty: Primary survey; Secondary survey;*
 - *History of an incident;*
 - *Looking for external clues; Measuring body functions; Examining a casualty;*
 - *Identifying specific recognition features;*
 - *Mechanics of lifting: Moving a casualty; passengers with disability.*
- Life-saving Procedures
 - *Principles of resuscitation;*
 - *Primary actions for adult, child and infant;*
 - *Opening the airway; Clearing the airway;*
 - *Checking breathing; Rescue breathing;*
 - *Checking for circulation;*
 - *Cardiopulmonary resuscitation; Automated external defibrillator (if carried);*
 - *Choking;*
 - *Recovery position.*
- Medical Problems
 - *The unconscious (underlying causes);*
 - *Suspected communicable diseases;*
 - *Respiratory disorders (asthma, hyperventilation, chronic lung diseases, persistent coughing);*
 - *Cardiovascular disorders (angina, heart attack, shock, DVT);*
 - *Abdominal problems (vomiting, diarrhoea, pain, heartburn, bleeding);*
 - *Nervous system disorders (headache, seizure, stroke);*
 - *ear, nose and throat problems such as barotrauma (body damage caused by pressurisation difference) and/or epistaxis (nose bleed);*
 - *Behavioural/psychological disorders (panic attack, alcohol intoxication, irrational behavior);*
 - *Other problems (diabetes, allergic reaction, pregnancy related).*
- Trauma
 - *Wounds and bleeding (practical training);*
 - *Burns;*
 - *Head and neck injury;*
 - *Eye injury (Foreign object in the eye; Chemical splash to eye; Direct injury);*
 - *Musculo-skeletal injury (fractures, sprains, etc);*
 - *Chest and abdominal injury;*
 - *Dealing with sharps injuries*

Information:

- There will be awarded an official certificate to each participant
- The course fulfils the requirements of IATA and EASA Air Ops